

# Sondra's Story

NAME \_\_\_\_\_

DATE \_\_\_\_\_

## Directions

Read the story of Sondra below. Then write your responses.

Sondra is planning a birthday party. Her parents have set a limit of 15 kids, so she can't invite everyone she'd like. Two kids who were not invited — Jesse and Maya — overhear the plans. They decide to spread mean rumors about Sondra using an anonymous messaging app. They say things like:

"Sondra is so not cool not sure why anyone would go to her filthy house."

"I heard Sondra is having fruit instead of cake. Yuk!"

"Sondra is totally boring and I don't know why anyone would go to her party."

They encourage the students who were invited to the party to add reasons to why Sondra "isn't cool" and tell them not to go to her party. When Sondra logs onto the app and sees the messages, her stomach sinks. She feels hurt and embarrassed and doesn't know who's posting the messages. She tells her parents she's sick so she won't have to go to school the next day. She even thinks about canceling her party.

1. In this situation, who is in each role?

Target	Bully	Bystanders or Upstanders

2. If you were Sondra, how would you feel in this situation? Would your feelings be the same as or different from Sondra's? Why?

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3. Why do you think Jesse and Maya acted the way they did? Could anything have been done so they wouldn't have acted this way in the first place?

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4. If you were Sondra, what would you do to try to stop the cyberbullying?

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5. If you were one of Sondra's friends, how could you be an upstander in the situation?

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