

DIGITAL CITIZENSHIP

# Is It Cyberbullying?



# Essential Question

What is cyberbullying, and what can you do to stop it?

# Learning Objectives

1

Recognize similarities and differences among being mean, in-person bullying, and cyberbullying.



2

Empathize with the targets of cyberbullying.



3

Identify strategies for dealing with cyberbullying and how they can be upstanders for those being bullied.



Are there differences among joking, being mean, and bullying? What are they?

Joking

Being Mean

Bullying





WATCH + DISCUSS



To watch this video on the Common Sense Education site, click [here](#).

Discuss:

- According to the video, what is cyberbullying?



[commonsense.org/education](https://commonsense.org/education)

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# Cyberbullying

Using digital devices, sites, and apps to intimidate, harm, and upset someone



## Target

The person who is on the receiving end of the bullying

## Bully

The person who is doing the bullying



## Reasons Why Cyberbullying Occurs

[Capture student responses  
here.]

## Ways to Respond if You Are Cyberbullied

[Capture student responses  
here.]

## Ways to Be an Upstander

[Capture student responses  
here.]



## A Bystander

A person who observes a conflict or unacceptable behavior, but does not take part in it

## An Upstander

A person who supports and stands up for someone else



# Empathy

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To imagine the feelings that someone else is experiencing



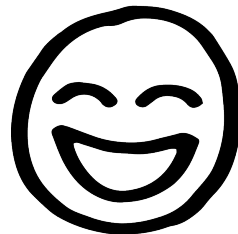
## Directions

Imagine you see a cyberbullying situation.  
You're going to write a post to help stop it.

- The post can be for the target, the bully, or someone seeing the cyberbullying.
- It can give them advice, give them action steps, or just say something nice that will make them feel better.

*You're awesome just  
the way you are!*

*Thanks for  
being you!*



We are kind  
& courageous.

